

## Day Paddles and Overnight Camping Trips - St Lucie River - South Fork

## Halpatiokee Park Paddle Information Sheet

**Description:** This lake is not large but worth a look on a quiet day. At the end of Lost River Road, by the Inline Hockey / Roller skating Rink building, at a parking lot past the building and right next to I-95, is 2 paths that allow one to launch a kayak into the lake. The close path about 80 feet is an awful non-sandy launch site and the longer path along side of I-95 but in the park and about 400 feet long is a much better launch site to the lake.

**Skill Level:** Novice

**Distance/Time:** 2.7 Miles/Approximately 1.5 hours

**Launch Site:** Kayak Launch next to South Rivers Outfitters 8303 Lost River Road, Stuart, FL

**Special Considerations:** The lake is filled by rain, and during dry periods, paddling will be difficult.

### Skill Level Definitions

**Beginner:** New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

**Novice:** Paddlers acquainted with basic paddle strokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

**Intermediate:** Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

**Advanced:** Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

**NOTE:** Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.