

S22 Day Paddles - Lower ICW

Intracoastal Waterway Primitive Spoil Island Camping Information Sheet

Description: These are recreation islands within the IRL Malabar-Vero Beach Aquatic Preserves. Allowed activities include picnicking, fishing, and primitive short term camping. Visitors must practice a pack in, pack out policy for all waste while on the islands. There are no fees or reservations required for spoil island use. All sites are available on a first come basis. If you are planning to visit a spoil island, go to the Spoil Island Project web-site (spoilislandproject.org/Brevard) for detailed visitor information..

Skill Level: Intermediate, due to loaded boats.

Distance/Approximate Time: Varies depending on launch site

Launch Site: Varies, See Segment 22 [Launch Sites](#) for possible options

Special Considerations: Make sure ,that if you leave a vehicle overnight, to obtain permission from the proper private, or government authorities. Always practice "Leave No Trace" principles.

Skill Level Definitions

Beginner: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

Novice: Paddlers acquainted with basic paddle strokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

Intermediate: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

Advanced: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

NOTE: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.