## S22 Day Paddles - Lower ICW

## **Latham Island Paddle Information Sheet**

<u>Description</u>: This is a great short protected paddle that weaves in and out of mangrove-lined islands and creeks south of Honest Johns Fish Camp. There are usually plenty of birds, but dependent on the seasons and tides. Dolphins are commonly seen in the area and occasionally manatees are sighted. The barrier island is fairly narrow at this point and the crashing waves from the ocean side can usually be heard.

Skill Level: Novice

Distance/Approximate Time: 4 Miles/2.5 Hours

<u>Launch Site:</u> Honest Johns Fish Camp Ramp

**Special Considerations**: There aren't too many spots to get out and stretch your legs, unless you opt to head over to one of the spoil islands to the west.

## **Skill Level Definitions**

**Beginner**: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

**Novice**: Paddlers acquainted with basic paddle stokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

<u>Intermediate</u>: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

<u>Advanced</u>: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

**NOTE**: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.

