S24 Day Paddles - ICW

Bings Landing to SR 206 Bridge Paddle Information Sheet

Description: This is a great straight forward paddle along a narrow portion of the ICW and protected from the wind. There are no bridges along this paddle, and much less development than the ICW to the south. You'll pass the Pellicer Creek Aquatic Preserve on your left and Marineland on your right just before the Matanzas Inlet. After a long paddle and retrieving your vehicle at Bings Landing, if you have even the slightest interest in BBQ, you can't go to Bings Landing without checking out Captains BBQ next door for arguably some of the best BBQ in Florida.

Skill Level: Advanced

Distance/Approximate Time: 11.6 Miles/6 Hours

Launch Site: Bings Landing

Takeout Site: SR 206 Bridge, East end

Special Considerations: Best launching 3 hours before low tide. Strong tidal flow. This paddle requires shuttling vehicles. Heavy boat traffic, especially on weekends. There are no amenities at the SR 206 Bridge take out.

Skill Level Definitions

Beginner: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

Novice: Paddlers acquainted with basic paddle stokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

<u>Intermediate</u>: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

<u>Advanced</u>: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

NOTE: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.

