

## S24 Day Paddles - ICW

## Herschel King Park to Bings Landing Paddle Information Sheet

**Description:** This is a great straight forward paddle along a narrow portion of the ICW and protected from the wind. The Hammock Dunes Bridge is a little over halfway on this paddle, and the only bridge you will pass under. At the take out, if you have even the slightest interest in BBQ, you can't go to Bings Landing without checking out Captains BBQ next door for arguably some of the best BBQ in Florida.

**Skill Level:** Intermediate

**Distance/Approximate Time:** 6.8 Miles/3 Hours

**Launch Site:** Herschel King Park

**Takeout Site:** Bings Landing

**Special Considerations:** Best paddled on an outgoing tide. This paddle requires shuttling vehicles. Heavy boat traffic, especially on the weekends. There are bathroom facilities at both the launch and take out sites.

### Skill Level Definitions

**Beginner:** New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

**Novice:** Paddlers acquainted with basic paddle strokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

**Intermediate:** Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

**Advanced:** Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

**NOTE:** Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.