## Day Paddles and Overnight Camping Trips - Cedar Key Area

## **Dennis Creek Trail Information Sheet**

<u>Description</u>: Paddle this tidal creek as it meanders through the pristine saltmarsh and isolated island hammocks. It starts off as a narrow winding creek and progresses to more open bays and vistas. Marsh vegetation consists primarily of black needlerush with some smooth cordgrass, and in the hammocks, southern red cedar, pines, and cabbage palm. There is a nice place to take a break on one of the local trails..

**Skill Level**: Intermediate due to occasional strong tidal flows and open bay passages.

**Distance/Time**: 6.1 Miles/3 Hours

Launch Site: Shell Mound Ramp at end of road...

**Special Considerations**: Navigation around oyster and mud bars on low tides may be a concern. Paddle on high tide only

## **Skill Level Definitions**

**Beginner**: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

**Novice:** Paddlers acquainted with basic paddle stokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

<u>Intermediate</u>: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

<u>Advanced</u>: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

**NOTE**: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.

