S8 Day Paddles - ICW

Millennium Park Paddle Information Sheet

<u>Description</u>: This paddle is along the Intracoastal up to Conch Key and south down to several spoil islands. A great place to stop for a rest is on the west side of BC 21, which is a designated primitive campisite for the Florida Saltwater Circumnavigational Paddling Trail.

Skill Level: Novice/Intermediate

Distance/Approximate Time: 4.3 Miles/2.5 Hours

Launch Site: Millennium Park Paddle Launch

Special Considerations: You need to cart your boat to the launch area over some rough terrain. The launch is into a very small water way which may not have sufficient water if the tide is out, so yes, tide sensitive. Heavy powerboat traffic on the Intracoastal, especially on the weekends.

Skill Level Definitions

Beginner: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

Novice: Paddlers acquainted with basic paddle stokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

<u>Intermediate</u>: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

<u>Advanced</u>: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

NOTE: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.

