## S23 Day Paddles - ICW

## **Ormond Spoil Island Paddle Information Sheet**

**Description**: This paddle is along a string of spoil islands created from the dredging of the Intracoastal Waterway. The islands are a small part of the Tomoka Marsh Aquatic Preserve which is nestled among a group of stunning State Parks, including Tomoka, Bulow, Gamble Rogers, and Addison Blockhouse. After launching, head right and travel northward along the ICW, along the west shoreline. Turn around at the north end of the spoil islands and head south back to the last spoil island and northward back to the launch area. There are plenty of beaches to take a break on if needed. This is a popular area for manatees.

**Skill Level**: Intermediate

**Distance/Approximate Time:** 6.2 Miles/3 Hours

Launch Site: Ormond Beach Bicentennial Park Paddle Launch

**Special Considerations**: Be aware of powerboat traffic on the ICW. Stay close to shore and stay out of the channel when possible.

## **Skill Level Definitions**

<u>Beginner</u>: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

**Novice**: Paddlers acquainted with basic paddle stokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

<u>Intermediate</u>: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

<u>Advanced</u>: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

**NOTE**: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.

