

S23 Day Paddles - ICW

Upper Bulow Creek Paddle Information Sheet

Description: Bulow Creek begins at the historic Bulow Plantation Ruins Historic State Park and leads upstream and back and then downstream to the entrance of the Intra-coastal Waterway. You can paddle about 3 miles upstream from the park until the creek becomes too narrow. Paddle back along the same route. Most of this area is wild and scenic. Native Americans inhabited the area along Bulow Creek for many years prior to European settlement.

Skill Level: Intermediate

Distance/Approximate Time: 6.4 Miles/ 4 Hours

Launch Site: Bulow Plantation Ruins State Park Ramp

Special Considerations: If you leave a vehicle at Bulow Plantation Ruins Historic State Park, be sure to return to your car before the gates are locked at 5 p.m. Be sure to take a GPS, map and compass. Park fees. Current upstream is usually mild, however it is dependent on recent rainfall.

Skill Level Definitions

Beginner: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

Novice: Paddlers acquainted with basic paddle strokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

Intermediate: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

Advanced: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

NOTE: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.