

Coastal, Rivers and Blueways Trails

Lower Chipola River Trail - Leg 2**Palm Island to Lamb Eddy Park Information Sheet**

Description: Launch from the Palm Island campsite and head downstream along the cypress lined river and under the CR 278 Peacock Bridge. Keep your eye out for multiple side springs flowing into the river. Johnny Boy Landing on your left is a great place to take a break. The CR 274 bridge is just down river from there, and the "Look and Tremble" is about .65 miles past the bridge (See Special Considerations below). Continue on to Lamb Eddy Park on your right.

Skill Level: Intermediate, due to rapids

Distance/Time: 14.6 Miles/Approximately 5 Hours

Launch Site: Palm Island

Campsite: Lamb Eddy Park

Special Considerations: Primitive camping allowed at Lamb Eddy. This leg contains multiple rapids which depend entirely on the water levels. It is recommended that you scout the "Look and Tremble Falls" before attempting, and portage if necessary. Scouting the rapids can be done from a side road on the SW side of the SR 274 bridge.

Skill Level Definitions

Beginner: New to paddling and may need tips and or instructions about paddling strokes, safety procedures, and entering/exiting kayaks. Comfortable on short trips of 1 to 3 miles on protected waters, when wind does not exceed 5 mph.

Novice: Paddlers acquainted with basic paddle strokes and can manage kayak handling independently in winds not exceeding 10 mph on protected waters. Comfortable on trips up to 6 miles.

Intermediate: Paddlers with experience in basic strokes and some experience on different venues, including some open water. Comfortable on trip distances of 6 to 10 miles, winds not exceeding 15 mph.

Advanced: Seasoned paddlers who possess skills and experience to paddle all venues and conditions. Experienced in self-rescues. Should be comfortable paddling more than 10 miles in a day.

NOTE: Great care has been taken to ensure this guides accuracy, but weather, tides, and water conditions can change rapidly and create hazardous conditions. These maps are for visual reference only, please consult NOAA Charts for navigation. Paddlers should have all proper safety equipment and check conditions before departure. All paddlers should always wear PFDs while on the water, and leave a float plan. There are inherent dangers in any paddle sport. There are special hazards along the Florida coast due to shifting tides, changing wind and weather, shallow waters, and treacherous bottoms with soft mud, rocks, and oyster bars. It is up to each paddler to be aware of these dangers, to accept and be prepared for the risks involved, and to be certain they have the skills to safely paddle in these conditions.